

How can I pay for services?

Family planning clinics, providers, and pharmacies may accept many different insurances as payment for services and birth control methods. Many clinics offer a sliding fee scale, based on income, to patients who need financial assistance.

NYS Family Planning Programs

In addition, NYS Medicaid offers qualified residents programs designed to help people access to family planning services. Nearly all family planning clinics enroll patients into these programs right at their clinic locations!

Family Planning Benefit Program: Provides coverage for family planning services to men and women with net incomes at or below 200% of the federal poverty level. This includes teens!

Family Planning Extension Program: Women who lost Medicaid coverage when a pregnancy ends receive family planning services for up to two years!

For more information about these and other public health insurance programs, please visit the NYSDOH website: www.nyhealth.gov

Where can I find more information?

Family planning clinics offer free outreach and education programs on health care topics such as birth control, sexually transmitted infections (STI's), and other reproductive health care issues.

For more information on these services and programs, please contact one of the family planning clinics in your county.



New York State offers FREE assistance!

FAMILY PLANNING SERVICES TRAINING AND SUPPORT

This free program provides education and outreach on family planning programs and services. Providers and their staff, health care workers, community resource personnel, DHS staff, health care insurance staff, and consumers are invited to learn more about accessing family planning services under NYS public health insurance programs.

For more information, to set up a program at your location, or to receive free information and materials, please call:

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Family Planning Services Coordinator
Central and Western New York
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jsauer@pprsr.org



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Family Planning Services in the Southern Finger Lakes



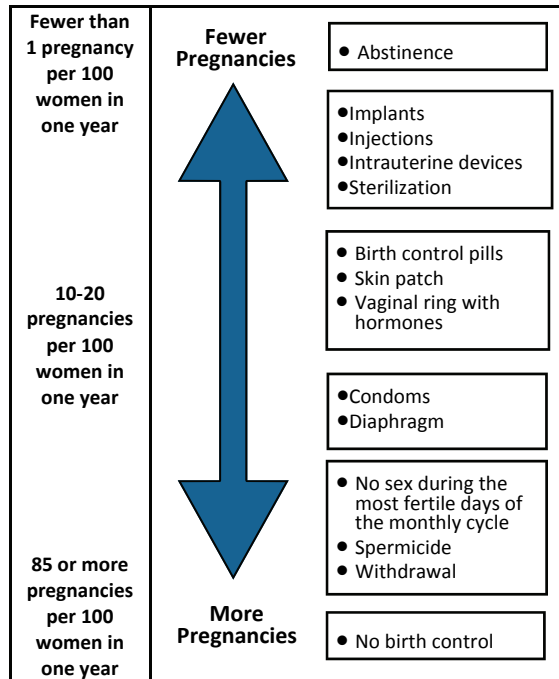
What is family planning?

Family planning is more than planning families! Confidential care is available for women, men, and teens. Family planning services include:

- Birth control options
- Well women screening including PAP tests and breast exams
- Pregnancy tests & pregnancy options counseling
- Testing and treatment for sexually transmitted infections (STI's)
- HIV counseling and testing
- Emergency contraception

For more information on these services, talk to your health care provider.

How effective are different birth control methods?



Where can I go for confidential family planning services?

Most family practices and OB/GYN offices, as well as many local family planning clinics offer these services. Family planning clinics in the southern Finger Lakes include:

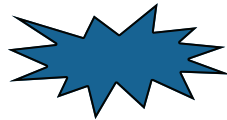
Family Planning Clinics

Finger Lakes Community Health Care

*117 E Steuben St
Bath, NY 14810*
Appt: (607) 776-3063

Finger Lakes Community Health Care

*112 Kimball Ave
Penn Yan, NY 14527*
Appt: (315) 536-2752



Planned Parenthood of the Southern Finger Lakes

*111 Seneca St
Hornell, NY 14843*
Appt: (607) 324-1124

Planned Parenthood of the Southern Finger Lakes

*135 Walnut St
Corning, NY 14830*
Appt: (607) 962-4686

Planned Parenthood of the Southern Finger Lakes

*106 W Fourth St
Watkins Glen, NY 14891*
Appt: (607) 535-0030

For other family planning clinic locations, please call: 1 (800) 522-5006 or refer to the website: <http://www.nyhealth.gov>